

FUNCTIONAL HEATH CENTER HEALTH IMPROVEMENT PROGRAM

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STEP ONE

Information Gathering

- Patient History
- Symptom Survey
- Physical Exam
- Nutrition Response Testing™
- Initial Heart Rate Variability Testing

Visit 1 \$200

STEP TWO

Report of Findings

- What the program can do to help you
- Additional Functional Medicine Lab tests (if necessary, cost extra).

Visit 2 \$0

STEP THREE

Fine Tuning Phase

- Review Program and additional tests (if required)
- Review Tracking Reports
- Recheck reflexes
- Make any adjustments to program, if necessary
- Review any other supplements

Visits 3-6 (weekly) \$40 ea.



Please NOTE:

In Step two we will be reviewing all of the information we have collected to determine whether or not we feel you would benefit from a nutritional therapy program and if so, how we should proceed.

If we find that you are a candidate for nutrntional therapy you must commit to the process. And you must be aware, it could take up to a year to restore balance to your health. *** (see note below)

Additional Services (if needed)

HRT \$30 - monitoring
NAET \$50
Chiropractic Adjustments \$30
Massage (see price list \$35-\$105)

The cost of supplements and lab fees are not included in the visits.

STEP FOUR

Healing & Observation

- Verify continued program compliance
- Handle anything that comes up, colds, injuries, upsets, etc.
- Complete new Symptom Survey for comparison
- Talk about moving forward to maintenance, every 4 months

Visits 7-12 (bi-weekly) \$40 ea.

*** How much improvement we see with supplementation depends on how functional the tissues are that we are supporting. In most cases, we don't know if we are starting with 50% of the liver (or other organ) working, or 20%, 3% or 85%...we just don't know. *The earlier you intervene with nutritional support, the more capacity the tissue/organ has to heal.*